

# Rotary



# Club of Houma

## Guest Speaker - Suzanne N Carlos-Louisiana Small Business Development Center at NSU



**Suzanne Nolfo Carlos**

**Louisiana Small Business Development Center at Nicholls State University  
Business Consultant**

**Suzanne is a Business Consultant with the Louisiana Small Business Development Center at Nicholls State University. As many of you know, prior to working with LSBDC, Suzanne served as the President and CEO of the Houma-Terrebonne Chamber of Commerce for five years. Her career spans the retail, medical, and education industries as well as the world of non-profits. She has extensive experience in marketing, strategic planning, public relations, collaboration, advertising, customer relations, emergency preparedness and response, and event planning.**

**While earning her Bachelor of Arts in Journalism/Advertising from Louisiana State University in Baton Rouge, Suzanne learned the importance of supporting and giving back to the community in which you live. She has volunteered on several local non-profit boards over the years, was a member of this Rotary Club, was a long-time board member of the Terrebonne Foundation for Academic Excellence, and is currently a board member of the Bayou Cane Fire District.**

Title and short synopsis of your topic for your program/presentation:

**The mission and services of the Louisiana Small Business Development Center.**

---

## ROD - Yolanda Trahan

Rotarian of the Day: Yolanda Trahan

Year you joined Rotary: 2003

Name of Rotarian(s) who proposed you to join the Rotary Club of Houma:  
Hartwell Lewis and Billy Foster

Employer/Company and your position: Retired in 2014 from Terrebonne Foundation for Academic Excellence (TFAE), where I served as the first executive director for 15 years.

Hobbies: Cooking, traveling, gardening and reading.

Family information that you would like to share: Married to Ken (51 years), who introduced me to the world of Rotary. We have one daughter, Kimberly, who, with her husband, Robert, and our three grandchildren, live in Corpus Christi, Texas.

A brief statement explaining why you accepted the invitation to become a Rotarian:

Accepting the invitation to become a Rotarian provided the opportunity for "Service above Self" through varied projects benefiting our local community, and assisting "hands on" with international projects. Developing friendships within our club and district, as well as worldwide is lagniappe!

---



## Weekly Words of Wisdom

"We are not what we know but what we are willing to learn."

- Mary Catherine Bateson

---

## Weekly Luncheon Menu

Smothered Shrimp over angel hair pasta or Grilled Chicken w/onions & peppers  
Roasted potatoes, mixed vegetables, and grilled tomatoes  
Tossed salad with tomatoes, red onions, cucumbers, cheese, bacon bits, garlic croutons  
Dessert and coffee

---

## The Annual Rotary Club of Houma Cast Iron Cook-Off Event



The annual Cast Iron Cook-Off Fundraiser will be February 24, 2024 - Downtown Houma. We need member volunteers!

## Upcoming Club Activities - EarlyAct & Interact Programs with elementary schools

The Rotary Club of Houma has leadership programs with the following schools: Coteau Bayou Blue Elementary, H.L. Bourgeois High School, Mulberry Elementary School, and St. Matthew's Episcopal School. Ask your fellow Rotarian how to get involved with our EarlyAct and InterAct programs in these schools...

HL Bourgeois InterAct meetings are on Mondays at 12:01 p.m. on the following dates: 2/19, 3/4, 3/18, 4/8, 4/22, 5/6  
Coteau Bayou Blue Elementary School EarlyAct meetings are at 7:30 a.m. on the following dates: 3/5, 4/5, 5/7  
Mulberry Elementary School EarlyAct meetings are at 7:30 a.m. on the following dates: 3/7, 4/17  
St. Matthew's Episcopal School:

### Events

No Events found

### Years of Service

Yolanda Trahan  
20 Years

Robert S. Utley  
18 Years

Carroll D. McKey III  
8 Years

James E. Goodwin  
18 Years

Jerry P. Ledet  
14 Years

Craig Hebert  
7 Years

Michael D. Bergeron  
18 Years

Morgan Allison  
10 Years

### Birthdays

Joseph G Kopfler II  
February 16th  
Leslie Waalk  
March 3rd

Earl Eues Jr.  
February 25th

David M Ohlmeyer  
March 1st

## District Officers



[Ken Firmin](#)  
District Governor



[Craig Walling](#)  
DG-Elect



[Chris Duhon](#)  
DG-Nominee

## Club Officers



[Morgan Allison](#)  
President



[Craig Hebert](#)  
President-Elect



[John K. Tipton Jr.](#)  
Secretary



[David M Ohlmeyer](#)  
Treasurer



[Leslie Waalk](#)  
Club RYLA Chair



[Carroll D. McKey III](#)  
iPast President



[Brenda M. Faucheux](#)  
Club Executive Secretary

## Club Meeting

Houma  
Meets at Plantation Inn - Houma  
Plantation Inn 1381 W Tunnel Blvd  
Houma, LA 70360  
Time: Wednesday at 12:00 PM